

The logo features a green and blue gradient background. On the left, there is a stylized window icon with a white frame and a blue pane. To the right of the icon, the text "Window to the World" is written in a large, elegant, black cursive font. Below "World", the word "review" is written in a smaller, bold, black sans-serif font.

Window to the World review

Vol: 1, session 3 Blog: Eckhart Tolle Made Simple

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December 30, 2009

How do you talk to the soul?

I never talk to the ego. I would like to explain how I talk to the soul but I really do not know how I do it—I can only tell you stories of doing it.

First of all let's be clear, Eckhart Tolle and I disagree. I say the true you is your soul and he says:

Reference #75 in the comparison table: *A New Earth*, chapter: Finding Who You Truly Are, p. 186 First ask the most fundamental question of your life: Who am I?Others may appear to be more evolved because they think of themselves as an immortal soul or divine spirit. But do they really know themselves, or have they just added some spiritual-sounding concepts to the content of their mind?

Reference #75 in your comparison table: *Unraveling Your Past to Get Into the Present*, chapter: The Soul/Sole Personality versus the Ego-Personalities p. 24 "If I am not me then who am I?" The real you is your soul/sole personality who has been hidden away, staying quiet for fear of reprisal.

For those of you who have *Unraveling Your Past to Get Into the Present* you know that I am a Chiropractic Doctor. In my first year as a Doctor I had a patient from Hollywood. He told me that he took peyote and was able to stay up all week putting together a rock concert. He said, "You really need to try this stuff yourself."

So I said, "Well, if you need a drug to be creative—I guess that's what you need."

Shocked, he stopped, looked at me, "I don't need a drug to be creative! I can be creative without a drug!" he said defending himself.

I replied, matter-of-factly, "Well that's good. I don't think the great composers such as Bach or Beethoven took drugs to write their music." And then I walked away from the conversation.

In another example a man I knew, a patient, said he was for sure going to Hell for the things he had done. He was in his 20's.

"Really I said," matter-of-factly. "Then you have a lot of work ahead of you."

Surprised he said, "What do you mean?"

"Well, you have a lot of years to live. In order to deserve Hell—you have to work for it by doing bad things."

He changed his mind right then and there. If he had to work to get to Hell he'd rather work to get to Heaven.

In writing down these stories now, I see what I do. I really call their bluff and in doing so the ego gets confused (the ego cannot think for itself) and the soul takes over (the soul can think original thought).

In your copy of *Unraveling Your Past to Get Into the Present* read the story about the young man who tried to commit suicide. That is certainly not anything that the soul would do to itself. Killing one's own body is only done by the ego.

What's in this issue?



- Eckhart Tolle on the soul
- Paulette Renee Broqueville on the soul
- Choose: Heaven or Hell
- Creativity: from a drug or from your soul?

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