

Window to the World review

Volume 2, session 1 Soul and Ego Class: Accomplish Your Purpose in Life
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to Get Into the Present* <http://www.broqueville.com>
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Chapter One: Fear—What is it—Why do we have it? Soul Character Building Step One: Fear is your Teacher

Fear is your teacher. To accomplish the purpose of your life —your mission—you must befriend fear—allow fear to teach you what you need to know. To make fear your enemy is to block every move you make toward fulfilling your purpose in life.

As a baby we experience happiness and sadness. These are your soul's only two emotions. When the baby feels fear the soul searches for a way to protect itself.

1. One way the baby soul protects itself is to withdraw. The soul learns to be silent and then it learns to keep his or her eyes averted from the eyes of the abuser or the neglecter in order to prevent any more pain. Fear causes the soul to hide inside the body. That reaction is the *Flight* part of the *Fight or Flight* reaction to fear *arresting the development of the soul*.
2. Or the baby soul in fear learns to *Fight* by hiding behind ego-personalities. This is how ego-personalities are born—they are born out of childhood fear. The ego-personalities speak, think and act for the frightened soul thereby imprisoning the soul and speaking for it, never letting the soul speak for itself *arresting the development of the soul*.

Here are the masques the soul wears in order to avoid fearful situations. These ego-personalities do not tell the truth; they are the false you—they lie. The soul is the only one who tells the truth about how you—the soul truly think or feel.

The ego-personalities—Emotional Blocks to living as your soul without an ego:

1. Arrogant “I am so great. I do things perfectly.”
2. Joker “Ha, what’s wrong with her I’ll make a face and imitate her.”
3. Workaholic “If I just stay at work I will not have to face anyone at home.”
4. Drunk/drugged “Just give me something to drown out my life. I need more in order to escape.”
5. Angry “*#@#*#@# WHAT! That @###%***”
6. Jealous “Why does she have all the looks, the money...”
7. Embellisher “I made \$40.. no \$100,000 last year. I really am talented.”
8. Dictator “I will tell them just what to do and they will do it—it’s my law...”
9. Sexual “Look at that @...that looks good to me, I wonder if I could get her.”
10. Bad girl/boy “I steal, it makes me look good to the girls. I sleep around, all the girls want me.”
11. I am right and everyone else is wrong “I did it right. He’s wrong again.”
12. Depressed “Nobody loves me. I am unlovable. No one wants to be my friend. I am lonely. I have no one.”
13. Tyrannical “You will do what I say or you will sleep in the yard and go hungry.”
14. Martyr “No one helps me. I have to do this all by myself. I always have to do all the work.”
15. Sadistic or masochistic “I would like to tie him up and do whatever to him.”
“I am so guilty of wrongdoings I need to be punished.”
16. Vegetable “I don’t like to talk to these people. They are always talking. I wish they would be quiet so that I can get back to imagining my life and the great guy that I am in that life.”
17. Gossiper “Oh I can’t wait to tell what just happened to Sarah—who is here that I can tell this too.”
18. Criticizer “What kind of hair cut is that, she looks so weird—where did she get those jeans anyway—they are too tight and look at those shoes...hug”

19. I am better than—superior to you “I can’t be around these people they are beneath me.”
20. “I agree with everyone”/afraid to stand up for yourself “I should have said ***when he asked me.....now why didn’t I say how I really feel.”
21. “I only believe what I want to believe”/blame the victim/biased “There is a reason why that man ran over that bike and rider and killed him. He got in his way and that is the guy on the bike’s fault for being there in the first place –he should not have gotten in the way of the car...”

The 21 Ego-personalities discovered and named by Paulette Renee Broqueville, copyrighted in 1998 and published in *Unraveling Your Past to Get Into the Present*. Available on Amazon and Broqueville.com.

Living your life as an ego-personality is the same as not living it at all. The soul is dormant, your talents are dormant, you have not developed a soul personality and therefore you have no character.

People who are the ego beings are amoral, liars, undisciplined and selfish to the point of abusive to your soul and to souls of other people.

In this class we will endeavor to help you remove your ego-personalities, develop your soul personality and build character—soul character which helps your soul grow up from babyhood.

The earlier your soul began using ego-personalities the younger your soul is. If it happened in babyhood then your soul is a baby. If it happened when you were 12 then your soul is 12. And I know that you may be a mother or father or in business possibly the owner of an empire with several estates and corporations but you are still a child if you have been living as an ego-personality. Your soul never grew up. Now is the time to grow up.

Thank you for taking my class sessions. Paulette Renee Broqueville

What's in this issue?



- Fear is our friend
- *Diagnose yourself: Which ego-personality plagues your behavior*